

# DSEP



**DSEP, the Developmental Screening and Enhancement Program, works in partnership with First 5 San Diego and the County of San Diego Child Welfare Services under the Early Childhood Services Project.**

## What is DSEP?

DSEP is a program that addresses the developmental and behavioral needs of children up to age 5 years 11 months who enter foster or relative care in San Diego County. Our goal is to help these children reach their fullest potential, support their caregivers, and make sure their out-of-home placement is stable and secure.

## Our Services

The following services are provided, free of charge, to children served by DSEP:

- Developmental and behavioral check-ups
- Referral to early intervention or treatment services
- Education for foster parents and relatives
- Case management to help children connect with services
- In-home child enrichment and behavioral services

Check out our website on [www.howkidsdevelop.com](http://www.howkidsdevelop.com) for more information about child development.

## Our Services

One of our experienced Developmental/Assessment Specialists will visit you and the child in your home. Part of the visit will be spent talking to you to learn about how the child has been learning and growing. The DSEP Specialist will also spend some time observing and playing with the child to see all the things he/she is able to do. If the DSEP Specialist finds that the child might benefit from further evaluation or early intervention services, DSEP will make referrals for these services.

## Information You Will Receive

Each child screened by DSEP will receive an **Individual Care Plan** containing enrichment activity recommendations based on the child's developmental level and individual needs. This care plan is created by our DSEP Developmental/Assessment Specialist to provide the caregiver with tools, activities, and recommended services for the child in their care.

## Our Team

We have a wonderful team of trained experts who will be working with you.

**Developmental/Assessment Specialists** can help with:

- Results of child's developmental check-up
- Recommendations and referrals
- Information on child development and tips to promote all domains of development
- In-home child enrichment

**Behavior Specialists** can help with:

- Tips on working with behaviors
- In-home behavior plans as you get linked to services
- Fun ways to connect and play with the child in your care to build a relationship where the child feels safe

**Call Us!**

**To make a referral, please contact us at:**

**(858) 966-7874**